

Date 4 November 2016
Our Ref HPT/AK/fs
Enquiries to Health Protection
Extension 35420 / 35422
Direct Line 0131 465 5420 / 5422
Email: Health.Protection@nhslothian.scot.nhs.uk

Dear Parents

DIARRHOEA AND VOMITING AT BURNBRAE PRIMARY SCHOOL

Some children in Burnbrae Primary School are currently off ill with vomiting and/or diarrhoea and fever. The symptoms are suggestive of viral gastroenteritis (also known as norovirus or winter vomiting disease) which is known to be currently circulating in the community. It is usually a short lived self-limiting illness from which children recover quickly.

Burnbrae Primary School and NHS Lothian Health Protection Team, are working together to monitor the situation. We are writing to you with the following advice:

- If your child is affected with vomiting and/or diarrhoea we would like to remind you that they should remain off school until they have been **symptom free for at least 48 hours**. This advice applies at all times. So for instance **if your child becomes unwell over the weekend they should not attend school after the weekend** even if by then they feel well.
- Ensure that all members of your family wash their hands frequently using warm water and soap, especially after using the toilet and before eating or preparing food.
- Should your child require medical attention for these symptoms, please inform the general practice by telephone in advance; as they may recommend a telephone consultation or that you pick up a sample pot so that a specimen of diarrhoea or vomit may be obtained.

Thank you for your cooperation.

Yours sincerely



HEAD TEACHER

DR LORNA WILLOCKS
CONSULTANT IN PUBLIC
HEALTH MEDICINE