



# Burnbrae Virtual Sports Day



## Tattie & Spoon Race

Time how quickly you can race around your circuit without dropping your tattie off the spoon.

Complete/Time:



## Pillowcase Sack Race

Time how quickly you can race around your circuit in your pillowcase.

Complete/Time:



## The Cup Challenge

Fill up a cup of water, run around your circuit. How quickly can you do it without spilling any water?

Complete/Time:



## Cushion Race

Time how quickly you can run around your circuit with a cushion on your head.

Complete/Time:



## Toilet Roll Race

Time how quickly you can run around your circuit with a toilet roll between your knees.

Complete/Time:



## Target Practice

Set up 3 empty bottles about 3-5 metres away from you. Using a ball (or toilet roll) try to bowl the bottles over. How quickly can you get all 3?

Complete/Time:



## Wellie/Shoe Toss

See how far you can toss a wellie. Measure the distance using your feet.

\_\_\_\_\_ of your feet.



## Shot Put

Using a toilet roll, see how far you can throw it. Measure using your feet.

\_\_\_\_\_ of your feet.



## Tea Bag Challenge

Set up a cup/mug and stand between 1-3 metres away from it. How many throws does it take for the tea bag to land in the cup.

Tries:



### WELL DONE!

### Remember to download your Virtual Sports Day certificate!



Burnbrae Virtual Sports Day 2020

This Award is Presented to

For actively participating in  
Burnbrae Primary School's Virtual Sports Day activities.  
"Attitude is a little thing that makes a big difference." - Winston Churchill

Signature

Date

